

NIAGARA COLLEGE KNIGHTS¹²⁻¹³

Intercollegiate Athletics



GoKnights.ca





Ray Sarkis
Coordinator, Athletics
& Recreation



Mike Hurley
Athletics & Recreation
Assistant



Koryn Thomas
Athletics & Recreation
Assistant



Mike Puillandre
Marketing, Communications
& Game Day Coordinator



Allison Longo
Athletic Therapist



Dan Patterson,
President

On behalf of the staff, faculty, students and Board of Governors of Niagara College, I would like to take this opportunity to congratulate the Niagara College Knights on another successful year.

Our student-athletes are a great source of pride for our College community. You enhance the College experience by giving us something to cheer for, and by striving for excellence on and off the courts and fields of play. You are tremendous ambassadors for our college throughout our community and across our province.

This was a hallmark year for our athletics program, with many impressive performances from our varsity teams. The Men's Golf team earned the OCAA Division One bronze medal and two of its members were selected to the OCAA All-Ontario team. The Women's Curling team earned the OCAA gold medal and went on to compete at the CCAA National Championship in Edmonton. The Men's Volleyball team finished fifth in the CCAA Men's National Volleyball Championships, hosted by Niagara College. We also hosted the 3rd Annual Peninsula Hoop Classic against Brock University, in which our Men's Basketball team was victorious for the first time in the event's history.

I would like to congratulate the Athletics and Recreation staff, dedicated coaches and volunteers, fans and sponsors for your generous contribution to the development and success of our student-athletes and our athletics program.

Congratulations to all on a great season, and best wishes in all of your future endeavours.



Sean Kennedy,
Vice-President, Student & External Relations

The 2012-2013 Intercollegiate Athletics year gave our student-athletes, coaches, fans and Niagara College Athletics & Recreation staff many reasons to feel proud. Our athletes were outstanding both academically and athletically, with 23 athletes earning the CCAA National Scholar Award for their outstanding academic performance. We also hosted the 2013 Ironwood Wealth Management Group CCAA Men's Volleyball National Championship, the type of national-level sporting event for which our Athletic Centre in Welland was built.

A sincere thank you to everyone associated with Niagara College Athletics - players, coaches, team staff, student staff, volunteers, Athletics & Recreation staff, and of course our dedicated and growing Knights family of campus and community-based fans and partners.



Matthew Davies,
Manager, Athletics & Recreation

On behalf of Niagara College Athletics & Recreation, I would like to thank everyone for their support of our student-athletes this year. I would also like to thank everyone for making my first year as Manager of Athletics & Recreation such a special one. The support of alumni, students, and the community is integral to our future success.

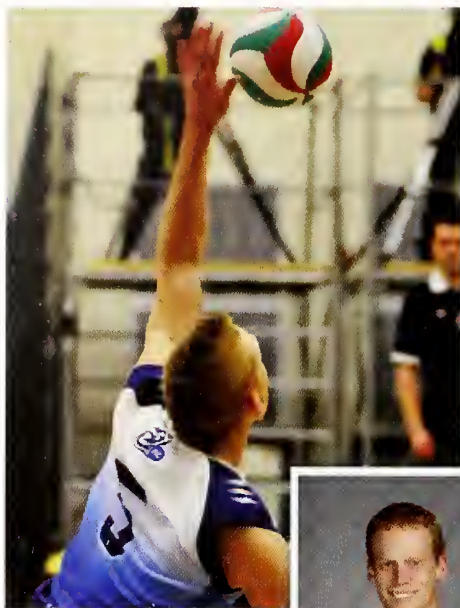
We are very proud of our student-athletes' accomplishments, especially in the classroom. We had the opportunity to honour 23 student-athletes - the highest in Knights history as recipients of the 2011-12 CCAA National Scholar Award. We are also excited to nominate 37 student-athletes for the 2012-13 OCAA All-Academic Award, as well as six student-athletes for the CCAA Academic All-Canadian Award.

The 2012-13 season was highlighted by Niagara College hosting the 2013 Ironwood Wealth Management Group CCAA Men's Volleyball National Championship. The support of our 200+ student volunteers made this event a tremendous success, one that over 2500 fans enjoyed in our beautiful Athletic Centre, and an event that reached across the country with almost 70,000 online views.

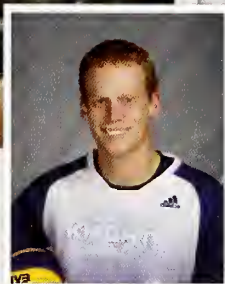
This season, three of our intercollegiate teams qualified to compete at the CCAA National Championships: Men's Golf, Men's Volleyball, and Women's Curling. We also are proud to have 12 student-athletes be named OCAA All-Stars. I am extremely proud of this season, and look forward to continue growing Athletics & Recreation at Niagara College.

INTERCOLLEGIATE ATHLETICS MAJOR AWARD WINNERS

MALE ATHLETE OF THE YEAR



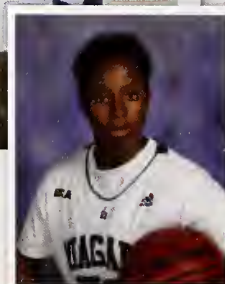
SHAYNE PETRUSMA
VOLLEYBALL



FEMALE ATHLETE OF THE YEAR



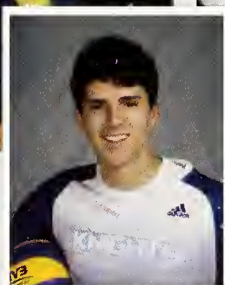
ALLANA ARUNDELL
BASKETBALL



MALE ROOKIE OF THE YEAR



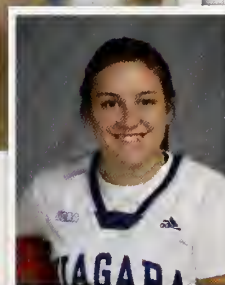
JEFFREY SCOTT
VOLLEYBALL

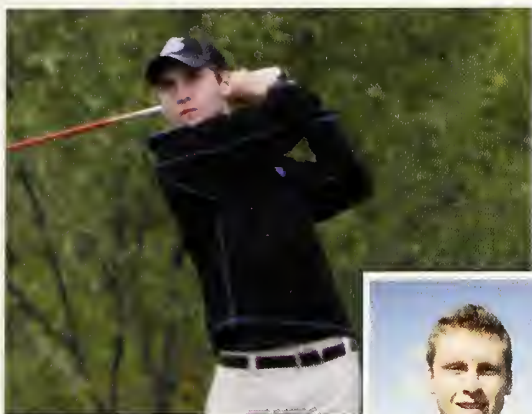


FEMALE ROOKIE OF THE YEAR

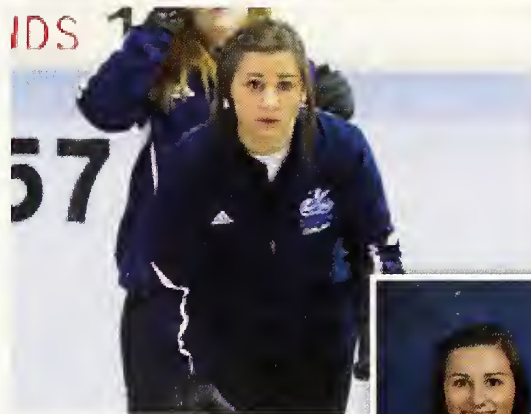


MELANIE TANGUAY
BASKETBALL





WALKER ARNOTT
GOLF



MELISSA BOROWSKI
CURLING



JIMMY BILENGA
BASKETBALL



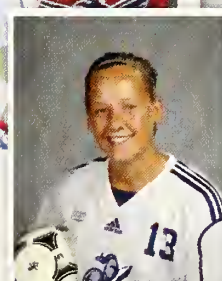
SHELBY JOHNSTON
BASKETBALL



JOSHUA GIANCOLA
SOCCER



ROBYN DEKLERK
SOCCER



YEAR IN REVIEW

League Record

8-10 – Sixth Place OCAA West Division
Qualified for OCAA Playoffs

Player Accolades

Allana Arundell

OCAA Women's Basketball Second-Team All-Star

Kaitlin McPherson

OCAA Women's Basketball Player of the Week
(February 5th, 2013)

2012-13 SCHEDULE

Date	Opponent	Result
Oct. 30	at Mohawk	65-52 (L)
Nov. 8	vs. Humber	61-57 (L)
Nov. 10	at Sheridan	61-59 (W)
Nov. 15	vs. Redeemer	77-52 (W)
Nov. 18	vs. Lambton	68-66 (L)
Nov. 24	at Sault	71-36 (W)
Nov. 25	at Algoma	62-30 (L)
Nov. 30	at Fanshawe	55-43 (L)
Dec. 2	vs. St. Clair	73-66 (L)
Jan. 12	at Lambton	69-66 (W)
Jan. 13	at St. Clair	57-47 (L)
Jan. 19	vs. Algoma	57-46 (L)
Jan. 20	vs. Sault	73-29 (W)
Jan. 31	vs. Mohawk	75-63 (W-OT)
Feb. 9	vs. Sheridan	82-56 (W)
Feb. 11	vs. Fanshawe	77-71 (L)
Feb. 16	at Redeemer	80-74 (L-OT)
Feb. 20	at Humber	58-53 (W)

ROSTER

#	Name	Pos	Hometown	Major
1	Leeanne Meyers	G	Hamilton	Fitness and Health Promotion
4	Christine Sears	G	Brampton	Tourism Management
5	Heather McKay	G	St. Catharines	General Arts and Science
6	Kristin Oliveira	G	Cambridge	Recreation Therapy
8	Kate Montgomery	F	Waterford	Esthetician
9	Lauren van Leerzem	F	Oil Springs	General Arts and Science
11	Melissa Wolfrath	F	Grimsby	Recreation Therapy
12	Miranda Ross	F	St. Catharines	OTA and PTA
13	Kaitlin McPherson	C	Welland	Early Childhood Education
14	Shelby Johnston	F	Welland	General Arts and Science
15	Melanie Tanguay	G	Welland	Recreation Therapy
22	Allana Arundell	G	Toronto	Child and Youth Worker
95	Athiep Lual	F	Ottawa	Educational Assistant

STATISTICS

YR	PPG	RPG	APG
1	0.2	0.0	0.0
1	0.3	0.0	0.0
1	0.7	0.3	0.3
2	0.8	0.0	0.0
4	7.3	4.5	1.6
1	3.2	3.4	1.3
2	2.2	2.2	0.3
2	10	7.9	1.7
2	12	9.2	0.9
3	9.0	3.7	1.5
1	3.1	2.8	1.2
5	10.6	4.6	4.8
1	0.3	0.6	0.0

WOMEN'S BASKETBALL



HEAD COACH RON LEMON
ASSISTANT COACH DON LARMAN
ASSISTANT COACH KATIE MCKNIGHT

MVP



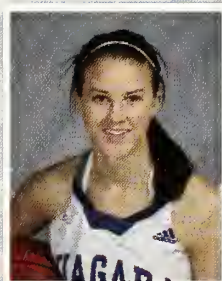
ALLANA
ARUNDELL

TOP ROOKIE



MELANIE
TANGUAY

LEADERSHIP



SHELBY
JOHNSTON

SCHOLASTIC



LAUREN
VAN LEERZEM



2012-13 SCHEDULE

Date	Opponent	Result
Sep. 11	vs. Mohawk	6-0 (L)
Sep. 15	at Lambton	1-0 (L)
Sep. 16	at St. Clair	2-0 (L)
Sep. 20	vs. Fanshawe	5-0 (L)
Sep. 23	vs. Conestoga	2-0 (L)
Sep. 29	at Humber	7-0 (L)
Oct. 4	vs. Redeemer	1-1 (T)
Oct. 10	at Sheridan	6-0 (L)

YEAR IN REVIEW

League Record

0-7-1 - Ninth Place OCAA West Division

Player Accolades

Sarah Charlton
OCAA League All-Star

Brittany Johnston
OCAA League All-Star

ROSTER

#	Name	Pos	Hometown	Major
1	Melanie Bajic	G	Grimsby	Police Foundations
2	Krystal Baum	M	Grimsby	Fitness and Health Promotion
3	Michaela Danks	M	Townsend	Fitness and Health Promotion
4	Ashley Moccia	M	Fort Erie	B.A. Business-Hospitality Operations Management
5	Julia Lake	D	St. Catharines	Esthetician
6	Brytany Richard	F	Thorold	Fitness and Health Promotion
7	Victoria Warner	F	Milton	Social Service Worker
8	Sarah Charlton	F	Strathroy	Police Foundations
9	Sierra Grant	F	Welland	Protection, Security and Investigation
10	Emily Sexton	D	Prince George, BC	General Arts and Science
11	Natalia Bessegato	D	Ingersoll	Paramedic
12	Brittany Johnston	D	Ridgeway	Protection, Security and Investigation
13	Robyn DeKlerk	F	Dunnville	Paramedic
14	Haley Stringle	M	Woodstock	Early Childhood Education
15	Kelly Caslin	F	St. Catharines	Fitness and Health Promotion
16	Cari Hines	D	Welland	Community and Justice Services
17	Melissa Dorward	D	Welland	Child and Youth Worker
18	Lauren Andrews	M	Lowbanks	Community and Justice Services
19	Jesse Mathias	M	Welland	Law Enforcement and Investigations
20	Emily Craig	M	Bradford	Wine Business Management

STATISTICS

YR	GP	GS	G
1	8	8	0
1	4	0	0
1	7	0	0
1	8	8	0
2	6	0	1
2	7	0	0
2	8	8	0
3	8	8	0
1	8	8	0
1	7	0	0
1	8	8	0
2	8	8	0
1	8	8	0
1	8	8	0
1	5	0	0
1	8	8	0
1	8	8	0
1	8	8	0
1	5	0	0
1	7	0	0

WOMEN'S SOCCER



HEAD COACH CATHY KLEIN
ASSISTANT COACH GARY CONDON
MANAGER JESSE MATHIAS

MVP



BRITTANY
JOHNSTON

SCHOLASTIC, TOP ROOKIE



ROBYN
DEKLERK

LEADERSHIP



JULIA
LAKE



YEAR IN REVIEW
League Record
 8-10 - Sixth Place OCAA West Division

2012-13 SCHEDULE

Date	Opponent	Result
Nov. 3	vs. Nipissing	3-0 (L)
Nov. 4	vs. Canadore	3-0 (W)
Nov. 8	at Sheridan	3-2 (W)
Nov. 10	vs. Conestoga	3-1 (W)
Nov. 16	vs. Humber	3-0 (L)
Nov. 22	vs. Fanshawe	3-1 (L)
Nov. 25	at St. Clair	3-2 (W)
Nov. 30	at Redeemer	3-2 (L)
Dec. 4	at Mohawk	3-2 (L)
Jan. 9	at Conestoga	3-2 (W)
Jan. 12	vs. Sheridan	3-0 (L)
Jan. 18	vs. St. Clair	3-1 (L)
Jan. 26	at Canadore	3-0 (W)
Jan. 27	at Nipissing	3-0 (L)
Feb. 1	vs. Redeemer	3-0 (W)
Feb. 7	vs. Mohawk	3-0 (W)
Feb. 11	at Fanshawe	3-0 (L)
Feb. 13	at Humber	3-0 (L)

ROSTER

#	Name	Pos	Hometown	Major
1	Ava Sarkis	S	Welland	Environmental Technician
2	Andrea Stoskopf	MB	Milton	Motive Power Technician
3	Kayde Bailey	OH	Burlington	Sport Management
4	Ramanjot Gill	LIB	Burlington	Pre-Health Sciences
6	Courtney Crossey	LIB	Bowmanville	Hairstyling Techniques
7	Alexandria Botelho	MB	Stoney Creek	Recreation and Leisure
8	Nicole Schoonderwoerd	MB	Tavistock	Personal Support Worker
9	Megan Henderson	OH	Fenwick	Recreation Therapy
10	Madelaine Busby	S	Shanty Bay	Hospitality Management
11	Anne Taylor	MB	Stevensville	Police Foundations
12	Lindsay Harkins	OH	Sarnia	Pre-Health Sciences
13	Lindsay Murray	OH	Welland	Pre-Community Services
14	Jenna Bray	OH	Burlington	Police Foundations
15	Corrie Hill	LIB	Stevensville	Event Management

STATISTICS

YR	K	B	D	SA
3	10	3	105	26
1	3	2	2	4
1	63	3	112	18
1	0	0	1	0
1	0	0	8	0
2	76	19	80	9
2	72	27	66	15
1	26	2	76	9
1	1	1	27	7
2	3	3	8	1
1	8	1	19	5
3	108	19	104	25
3	138	7	158	21
3	1	1	207	0

WOMEN'S VOLLEYBALL



HEAD COACH JOEY MARTINS
ASSISTANT COACH CHERYL SILVA
ASSISTANT COACH DEANNE VINCENT

MVP



JENNA
BRAY

TOP ROOKIE



MADELAINE
BUSBY

SCHOLASTIC, LEADERSHIP



LINDSAY
MURRAY



YEAR IN REVIEW

League Record

13-7 - Fifth Place OCAA West Division
Qualified for OCAA Playoffs
St. Lawrence College Invitational Tournament
Champion
OCAA Team of the Week (February 5th, 2013)

Player Accolades

Alex Campbell
OCAA West Division Second-Team All-Star
OCAA Men's Basketball Player of the Week
(February 19th, 2013)

Jimmy Bilenga
OCAA West-Division Scoring Champion
OCAA West Division Second-Team All-Star

2012-13 SCHEDULE

Date	Opponent	Result
Oct. 30	at Mohawk	84-74 (L)
Nov. 4	vs. Canadore	107-55 (W)
Nov. 8	vs. Humber	77-68 (W)
Nov. 10	at Sheridan	71-70 (L)
Nov. 15	vs. Redeemer	90-87 (W-20T)
Nov. 18	vs. Lambton	96-68 (W)
Nov. 24	at Sault	70-56 (W)
Nov. 25	at Algoma	86-68 (L)
Nov. 30	at Fanshawe	101-75 (L)
Dec. 2	St. Clair	81-60 (W)
Jan. 12	at Lambton	83-78 (L)
Jan. 13	at St. Clair	94-74 (W)
Jan. 19	vs. Algoma	78-71 (W)
Jan. 20	vs. Sault	92-60 (W)
Jan. 26	at Canadore	84-71 (W)
Jan. 31	vs. Mohawk	105-93 (W)
Feb. 9	vs. Sheridan	94-90 (L)
Feb. 11	vs. Fanshawe	95-69 (W)
Feb. 16	at Redeemer	89-79 (W-OT)
Feb. 20	at Humber	78-73 (L)

ROSTER

#	Name	Pos	Hometown	Major	YR	PPG	RPG	APG
3	Matt Poirier	G	St. Catharines	Fitness and Health Promotion	2	3.8	1.2	0.4
5	Marako Lundy	F	Nassau, Bahamas	General Arts and Science	1	14.5	5.4	2.4
7	Ashton Stephenson	G	Brampton	Protection, Security and Investigation	2	10.9	3.3	3.4
8	Alex Campbell	G	Brampton	General Arts and Science	2	16.8	4.8	3.6
11	Nathan Owusu-Agyeman	G	Mississauga	General Arts and Science	2	0.2	0.0	0.0
13	Aidan Alize-Minty	G	Midland	Fitness and Health Promotion	1	3.2	1.8	1.6
14	Anto Raic	F	Welland	General Arts and Science	4	11.5	7.8	2.0
21	Darian Rowe	F	Vaughan	Police Foundations	3	8.5	3.9	0.3
22	Darrington Clarke	G	Brampton	Business Administration	2	1.8	1.2	0.4
33	Lawrence McNeil	F	St. Catharines	Business-Sales and Marketing	2	3.9	4.3	0.4
35	Jimmy Bilenga	G	Hamilton	Business-General	3	18.6	4.1	4.4
44	Ka'hame Msiska	F	Lusaka, Zambia	Mechanical Engineering	1	0.8	0.9	0.2

MEN'S BASKETBALL



HEAD COACH STEVE ATKIN
 ASSISTANT COACH MIKE BECCARIA
 ASSISTANT COACH MIKE HURLEY
 TRAINER PAUL MARCHIONDA
 MANAGER BRANDON RAHIM

LEADERSHIP, MVP



JIMMY
BILENGA

TOP ROOKIE



AIDAN
ALIZE-MINTY

SCHOLASTIC



DARRINGTON
CLARKE



2012-13 SCHEDULE

Date	Opponent	Result
Sep. 11	vs. Mohawk	2-1 (L)
Sep. 15	at Lambton	0-0 (T)
Sep. 16	at St. Clair	5-5 (T)
Sep. 20	vs. Fanshawe	3-0 (L)
Sep. 23	vs. Conestoga	1-0 (L)
Sep. 29	at Humber	1-0 (L)
Oct. 4	vs. Redeemer	2-1 (W)
Oct. 9	at Sheridan	5-0 (L)

YEAR IN REVIEW

League Record

1-5-2 - Seventh Place OCAA West Division

Player Accolades

Kyle Brooks

OCAA League All-Star

Joe D'Eramo

OCAA League All-Star

ROSTER

#	Name	Pos	Hometown	Major
1	Sam Youlton	GK	Chatham	Construction Techniques
2	Kyle Brooks	M	Milton	Police Foundations
3	Jason Swick	F/D	Niagara Falls	Police Foundations
4	Nyamekye Hemmings	F/M	Toronto	Journalism
5	Joe D'Eramo	D	St. Catharines	Business Administration
6	Josh Giancola	D	St. Catharines	International Commerce
7	William Janetos	M/D	St. Catharines	Business Administration
8	Erik Greiner	F/D	Buffalo, New York	Brewmaster and Brewery Operations
9	Brayden Toole	D	St. Catharines	Recreation and Leisure
10	Chris Riddell	F/M	St. Catharines	Police Foundations
11	Austin MacDonell	F/M	Whitby	Fitness and Health Promotion
12	Cameron Gallo	F/M	Mississauga	Culinary Management
13	Gab Rodrigues	F/M	Sudbury	General Arts and Science
16	Kole Fox	D/M	Windsor	Child and Youth Worker
17	Jamal Gaskin	F/D	Toronto	Broadcasting, Radio, Television and Film
18	John Sexton	D	Niagara Falls	Protection, Security, and Investigation
19	Rob Chrzaszcz	D	Toronto	Fitness and Health Promotion
22	Silent Nyamushanya	F	Toronto	Sport Management
23	Mike Norsworthy	GK	Bracebridge	Police Foundations
41	Martin Mamic	D	St. Catharines	B.A. Business - International Commerce
81	Nathan Thomas	D	Brampton	Electrical Engineering
92	Jordan Marcella	M	St. Catharines	Construction Engineering Tech.
94	Antonio Gaci	M/F	St. Catharines	Protection, Security, and Investigation

STATISTICS

YR	GP	GS	G
5	7	3	0
1	8	8	1
2	6	2	0
1	5	1	0
2	7	7	0
3	6	2	0
3	7	7	0
3	7	7	2
3	8	5	0
2	8	4	0
1	7	7	2
1	5	0	0
2	8	8	0
1	4	1	1
1	5	1	0
3	7	6	0
1	3	0	0
1	6	4	0
3	8	5	0
3	7	7	2
1	3	0	0
1	5	5	0
1	7	2	0

MEN'S SOCCER



HEAD COACH FRANK DECHELLIS
 ASSISTANT COACH LUCIANO BERARDOCCO
 ASSISTANT COACH RINO BERARDI
 ASSISTANT COACH GERRY D'ANGELO

MVP



WILLIAM
 JANETOS

TOP ROOKIE



KYLE
 BROOKS

LEADERSHIP



JOSEPH
 D'ERAMO

SCHOLASTIC



JOSHUA
 GIANCOLA



YEAR IN REVIEW

League Record
 14-4 - OCAA West Division Champion
 Fifth Place Finish CCAA National Championship
 Fourth Place Finish OCAA Provincial Championship
 Niagara College Invitational Tournament Champion
 OCAA Team of the Week (November 27th, 2012)

Player Accolades

Shayne Petrusma
 CCAA All-Canadian Award Winner
 CCAA National Championship First-Team All-Star
 OCAA West Division First-Team All-Star
 OCAA West Division Scoring Champion
 OCAA All-Star Game MVP
 OCAA Provincial Championship All-Star
 OCAA Player of the Month (November, 2012)
 OCAA Overall Athlete of the Week--(December 11, 2012)
 OCAA Men's Volleyball Player of the Week--(Dec 11 & Mar 19)
 Niagara College Invitational Tournament MVP

Jeffrey Scott
 OCAA Rookie of the Year Award Winner
 OCAA West Division Second-Team All-Star
 OCAA West Division Rookie of the Year

2012-13 SCHEDULE

Date	Opponent	Result
Nov. 3	vs. Nipissing	3-0 (L)
Nov. 4	vs. Canadore	3-0 (W)
Nov. 8	at Sheridan	3-0 (L)
Nov. 10	vs. Conestoga	3-1 (W)
Nov. 16	vs. Humber	3-0 (W)
Nov. 22	vs. Fanshawe	3-2 (W)
Nov. 25	at St. Clair	3-0 (W)
Nov. 30	at Redeemer	3-2 (L)
Dec. 4	at Mohawk	3-0 (W)
Jan. 9	at Conestoga	3-0 (W)
Jan. 12	vs. Sheridan	3-1 (W)
Jan. 18	vs. St. Clair	3-0 (W)
Jan. 26	at Canadore	3-0 (W)
Jan. 27	at Nipissing	3-2 (W)
Feb. 1	vs. Redeemer	3-2 (W)
Feb. 7	vs. Mohawk	3-0 (W)
Feb. 11	at Fanshawe	3-0 (W)
Feb. 13	at Humber	3-2 (L)

2012-13 MEN'S VOLLEYBALL ROSTER

#	Name	Pos	Hometown	Major
1	Brad Wall	S	St. Catharines	Protection, Security and Investigation
2	Bret Polfuss	OH	Kitchener	Police Foundations
4	Sam Youlton	MB	Chatham	Construction Techniques
5	Shayne Petrusma	OH	Bowmanville	Paramedic
6	Ben Fillmore	OH	Cayuga	Professional Golf Management
7	Jeff Scott	OH	Georgetown	Broadcasting, Radio, Television and Film
8	Eric Bonnay	LIB	Stoney Creek	General Arts and Science
9	Zach Weening	MB	Bradford	Landscape Technician
10	Dave Sagloski	S	Fonthill	Retail Pharmacy Assistant
11	Logan Varga	OH	Brantford	Sport Management
14	Millar Galbraith	MB	Georgetown	Construction Techniques
15	Cam Chitty	LIB	Welland	Protection, Security and Investigation

STATISTICS

Year	K	BS	Digs	SA
3	14	19	126	15
1	72	7	78	8
5	113	45	51	8
5	210	21	160	23
1	39	1	80	10
1	171	24	139	12
1	0	0	11	1
2	6	4	1	1
3	0	0	5	1
1	6	0	15	2
3	79	38	33	2
1	2	0	85	1

MEN'S VOLLEYBALL



HEAD COACH NATHAN GROENVELD
ASSISTANT COACH MIKE MOLNAR
ASSISTANT COACH JOSH LICHTY
ASSISTANT COACH JEREMY GROENVELD
MANAGER BRAYDON RODGERS

SCHOLASTIC,
MVP



SHAYNE
PETRUSMA

TOP ROOKIE



JEFFREY
SCOTT

LEADERSHIP



BRADLEY
WALL

RALPH NERO



NATHAN
GROENVELD



GOLF



HEAD COACH JIM BRIGGS

TOP ROOKIE, MVP



WALKER
ARNOTT

LEADERSHIP



CHAD
CURRIE

SCHOLASTIC



COLE
KENT

Major

Professional Golf Management
General Business
Civil Engineering
Professional Golf Management
Professional Golf Management

Hometown

Lindsay
Owen Sound
St. Catharines
Fenwick
Peterborough

YR

1 4 2 1 2

ROSTER

Name

Walker Arnott
Chad Currie
Robbie Ellis
Lukas Jakobs
Cole Kent

YEAR IN REVIEW

Team Accolades
Bronze Medal CCAA Championship
Fourth Place Finish CCAA National Championship

Player Accolades

Robbie Ellis
Silver Medal CCAA Championship
OCAA All-Ontario Team
CCAA Championship All-Star

Walker Arnott
OCAA All-Ontario Team

CURLING

Mixed Curling O-6 - Fourth place OCAA Championship
 OCAA Curling Championships Mixed Fair Play Award
 Player Accolades
 Melissa Borowski
 OCAA Women's Curling First-Team All-Star
 OCAA Overall Female Athlete of the Week (February 19th, 2013)

YEAR IN REVIEW
 Women's Curling 5-1 - Gold Medal OCAA Championship
 Qualified for CCAA National Championship
 OCAA Team of the Week (February 19th, 2013)
 Men's Curling 2-6 - Sixth place OCAA Championship



HEAD COACH RON LEMON
 ASSISTANT COACH DON LARMAN
 ASSISTANT COACH KATIE MCKNIGHT

MVP



MELISSA
BOROWSKI

TOP ROOKIE



TESS
BROWN

LEADERSHIP



MATT
SERVICE

SCHOLASTIC



KATIE
SPANTON

ROSTER

Name	Position	YR	Hometown	Major
Kyle Damiani	Lead - Men's Team	3	Newmarket	Advanced Law Enforcement
Cody Smith	Second - Men's Team	1	Gravenhurst	Sales and Marketing
James Holloway	Vice - Men's Team	2	Mississauga	Business Administration
Matt Service	Skip - Men's Team	2	Millgrove	Protection, Security and Investigation
Hilary Minor	Lead - Women's team	1	St. Catharines	Police Foundations
Tess Brown	Second - Women's Team	1	Trent River	Dental Hygiene
Melissa Borowski	Vice - Women's Team	2	Welland	OTA & PTA
Katie Spanton	Skip - Women's Team	2	Sarnia	Dental Hygiene
Daniel Burke	Alt. - Mixed Team	1	Port Colborne	Pre-Community Service
Karen Aitken	Lead - Mixed Team	2	Ridgetown	Fitness and Health Promotion
Mackenzie Montgomery	Second - Mixed Team	1	Waterdown	Electrical Engineering Technology
Michelle Corner	Vice - Mixed Team	2	Niagara Falls	Tourism Management
Andrew Alderson	Skip - Mixed Team	2	Welland	Motive Power Technician

ATHLETICS HISTORY

MALE ATHLETE OF THE YEAR

1969-1970	Peter Rylander (Builder)
1970-1971	Ed Luciw (Basketball)
1971-1972	Ed Luciw (Basketball)
1972-1973	Bob Kraliz (Hockey)
1973-1974	Rick Ludlow (Basketball/Golf)
1974-1975	Gary Nemcko (Hockey)
1975-1976	Mike Soucie (Basketball)
1975-1976	Wayne Wiese (Basketball/Golf)
1976-1977	Pat Flynn (Hockey)
1976-1977	Steve Sommerville (Golf)
1977-1978	Ted Kicinski (Basketball)
1978-1979	Randy Kerr (Hockey)
1979-1980	Randy Kerr (Hockey)
1980-1981	Jim Voisin (Hockey)
1981-1982	Moe Bjorgan (Hockey)
1982-1983	Paul Weller (Basketball)

1983-1984	Mark Nelson/Tom Peat (Badminton)
1984-1985	Mark Nelson/Tom Peat (Badminton)
1985-1986	Mark Nelson/Tom Peat (Badminton)
1986-1987	Bob Thrower (Hockey)
1987-1988	Blake Sawyer (Hockey)
1988-1989	Jim Darling (Hockey)
1989-1990	Jim Darling (Hockey)
1990-1991	Rob Hoath (Hockey)
1991-1992	Paul Weller (Basketball)
1992-1993	Rick Sinclair (Basketball)
1993-1994	Pete Lachance (Hockey)
1993-1994	Sean Ellis (Badminton)
1994-1995	Blair Cudmore (Volleyball)
1995-1996	Pat Deschambeault (Volleyball)
1996-1997	Mike Harris (Basketball)
1997-1998	Mike Harris (Basketball)

1998-1999	Kerby Bentley (Volleyball)
1999-2000	Graeme Gaunt (Volleyball)
2000-2001	Graeme Gaunt (Volleyball)
2001-2002	Shawn Barbson (Volleyball)
2002-2003	Eliran Kikoss (Basketball)
2003-2004	Justin Ross (Volleyball)
2004-2005	Michael Muir (Basketball)
2005-2006	Andrew Egarter (Golf)
2006-2007	Anthony McAleese (Basketball)
2007-2008	Steve Regier (Volleyball)
2008-2009	Nick Fadayer (Basketball)
2009-2010	Kevin Krajcik (Volleyball)
2010-2011	Cosmos (C.J.) Smith (Basketball)
2011-2012	Alex Campbell (Basketball)
2012-2013	Shayne Petrusma (Volleyball)

FEMALE ATHLETE OF THE YEAR

1969-1970	Linda Fletcher (Basketball)
1970-1971	Marianne Hogerworst (Basketball)
1971-1972	Nicole Thorne (Basketball)
1972-1973	Angie Muto (Basketball)
1973-1974	Millie Russell (Basketball)
1973-1974	Patti Orsini (Badminton)
1974-1975	Terry Porter (Badminton)
1975-1976	Doris Sukurs (Basketball)
1976-1977	Monica Rose (Basketball/Tennis)
1977-1978	Julie Cecco (Basketball)
1978-1979	Julie Cecco (Basketball)
1979-1980	Fran Russell (Basketball)
1980-1981	Carolyn St. Angelo (Basketball)
1981-1982	Carolyn St. Angelo (Basketball)
1982-1983	Nancy Mather (Basketball)
1983-1984	Judy Helstab (Basketball)

1984-1985	Rose DiMarco (Basketball)
1985-1986	Carol Brown (Badminton)
1986-1987	Donna Stonos (Basketball)
1987-1988	Pat Reynders (Volleyball)
1988-1989	Leah Kulas (Badminton/Volleyball)
1989-1990	Leah Kulas (Badminton/Volleyball)
1990-1991	Cheryl McVicar (Volleyball)
1991-1992	Tracey Suenaga (Volleyball)
1992-1993	Donnell Stayzer (Volleyball)
1993-1994	Tammy Forrester (Volleyball)
1994-1995	Cindy Emery (Badminton)
1995-1996	Cindy Emery (Badminton/Volleyball)
1996-1997	Manie Roy (Basketball)
1997-1998	Laura Chatterton (Volleyball)
1998-1999	Liana Collins (Volleyball)
1999-2000	Diane Vanderhoven (Volleyball)

2000-2001	Diane Vanderhoven (Volleyball)
2001-2002	Jana Douglas (Basketball)
2002-2003	Ginni Llord (Volleyball)
2003-2004	Tasha Dolinski (Basketball)
2003-2004	Tracy Smith (Volleyball)
2004-2005	Kelly Fremlin (Volleyball)
2005-2006	Heidi Bench (Volleyball)
2006-2007	Heidi Bench (Volleyball)
2007-2008	Kaitlyn McKenna (Basketball)
2008-2009	Jessica James (Basketball/Soccer)
2009-2010	Kerissa Van Amersfoort (Volleyball)
2010-2011	Kaitlyn McKenna (Basketball)
2011-2012	Marieka Ouimette (Volleyball)
2012-2013	Allana Arundell (Basketball)

MALE ROOKIE OF THE YEAR

1969-1970	Ray Bonin (Basketball)
1970-1971	Bill Merpaw (Hockey)
1971-1972	Bob Kraliz (Hockey)
1972-1973	Rudy Barrell (Basketball)
1973-1974	Gary Nemcko (Hockey)
1974-1975	Bob Blasko (Basketball)
1975-1976	Tom Boese (Basketball)
1976-1977	Terry Krawec (Basketball)
1977-1978	Marcel Laroche (Basketball)
1978-1979	Wilf Muller (Basketball)
1979-1980	Dave Lovie (Badminton)
1980-1981	Don Nadeau (Hockey)
1981-1982	Terry Cushman (Badminton)
1981-1982	Paul Weller (Basketball)
1982-1983	Dave O'Laughlin (Hockey)
1983-1984	Gary McDonnell (Hockey)

1984-1985	Todd Sneider (Hockey)
1984-1985	Marty Fitzgerald (Basketball)
1985-1986	Fred Jashanmal (Basketball)
1986-1987	Gord Bonisteel (Basketball)
1987-1988	Jim Darling (Hockey)
1987-1988	Paul Hill (Volleyball)
1988-1989	Brian McDonald (Volleyball)
1989-1990	Chris Curry (Volleyball)
1990-1991	Vahid Amini (Volleyball)
1991-1992	Greg Heyder (Volleyball)
1992-1993	Brian Dekker (Volleyball)
1993-1994	Brian Dekker (Volleyball)
1994-1995	Mike Hurley (Basketball)
1995-1996	Keith Tenney (Basketball)
1996-1997	Kerby Bentley (Volleyball)
1997-1998	Michael George (Basketball)

1997-1998	Camron Jacobs (Volleyball)
1998-1999	Haldon Hutchinson (Basketball)
1999-2000	Andrew Higgins (Basketball)
2000-2001	Brad Harrietha (Volleyball)
2001-2002	Jamaal Cornwall (Basketball)
2002-2003	Eduart Uka (Volleyball)
2003-2004	Ryan Stone (Volleyball)
2004-2005	Craig Bauslaugh (Basketball)
2005-2006	Nicholas Marcuz (Volleyball)
2006-2007	Phil Ramirez (Basketball)
2007-2008	Jeremy Settimi (Basketball)
2008-2009	Arny N'Kindu (Basketball)
2009-2010	Alex Shah (Basketball)
2010-2011	Jimmy Bilenga (Basketball)
2011-2012	Alex Campbell (Basketball)
2012-2013	Jeff Scott (Volleyball)

FEMALE ROOKIE OF THE YEAR

1969-1970	Wendy Roberts (BBall/Volleyball)
1970-1971	Vera Lamb (BBall/Volleyball)
1971-1972	Diane Audet (Basketball)
1972-1973	Millie Russell (Badminton/BBall)
1973-1974	Terry Porter (Badminton/BBall)
1974-1975	No award presented
1975-1976	Diana Shoen (BBall/Badminton)
1976-1977	Sandy McKay (Basketball)
1976-1977	Denise Chambers (BBall/Badminton)
1977-1978	Erica Buller (Basketball)
1977-1978	Barb Court (Basketball)
1978-1979	Nancy Petro (Basketball)
1979-1980	Donna Elecko (Badminton)
1980-1981	Betty Van Ruyven (Basketball)
1981-1982	Shelly Russell (Badminton/BBall)
1982-1983	Janice Hogeveen (Basketball)

1983-1984	Rose DiMarco (Basketball)
1984-1985	Bonnie Karal (Badminton/Tennis)
1984-1985	Tracey Morris (Badminton/Tennis)
1985-1986	Nancy Thomson (Basketball)
1986-1987	Chris Andrews (Basketball)
1987-1988	Tanya Carlton (Basketball)
1988-1989	Ginette Thivierge (Badminton)
1989-1990	Karri Goering (Volleyball)
1990-1991	No award presented
1991-1992	Tracey Neisen (Volleyball)
1992-1993	Amy Charko (Volleyball)
1993-1994	Joanna Collings (Volleyball)
1994-1995	Diana DiPietro (Basketball)
1995-1996	Manie Roy (Basketball)
1995-1996	Christine Audit (Badminton)
1996-1997	Andrea Flindall (Basketball)

1997-1998	Leana Colins (Volleyball)
1998-1999	Melissa Hallborg (Basketball)
1999-2000	Jennifer Doyle (Basketball)
2000-2001	Carrie Stratford (Basketball)
2001-2002	Nicole Webber (Volleyball)
2002-2003	Melissa Allin (Volleyball)
2003-2004	Lindsey Lukings (Volleyball)
2004-2005	Nicole Devereaux (Volleyball)
2005-2006	Kaitlyn McKenna (Basketball)
2006-2007	Leah Duke (Volleyball)
2007-2008	Kerissa Van Amersfoort (Volleyball)
2008-2009	Mandy Korevaar (Volleyball)
2009-2010	Marieka Ouimette (Volleyball)
2010-2011	Shelby Johnston (Basketball)
2011-2012	Nicole Schoonderwoerd (Volleyball)
2012-2013	Melanie Tanguay (Basketball)

2011

Kerby Bentley Athlete/Builder (1996-2010)
Tasha Dolinski Athlete (2001-2004)
Justin Ross Athlete (2000-2004)
Tracy Smith Athlete (2001-2005)

2008

Randy Conlon* Builder (1986-Present)
Lou DiMattio Builder (1973-2002)
Graeme Gaunt* Athlete (1999-2003)
Eliran Kikoss Athlete (2001-2004)
Ginni Llord Athlete (1999-2003)
Ralph Nero Builder (1999-2007)

2006

Laura Chatterton Athlete (1994-1998)
Blair Cudmore* Builder (1994-2002)
Manie (Roy) Ferris Athlete (1995-1997)
Student Administrative Council Builder (1969-Present)

2003

Michael Harris* Athlete (1995-1998)
Andrea (Flindall) Hurley Athlete (1996-1999)
Mike Hurley Athlete (1994-1997)
Bob Kraliz Athlete (1971-1973)
Leah Kulas Athlete (1988-1990)

2002

Martin (Moe) Bjorgman Athlete (1980-1982)
Jerry Campigotto Athlete (1967-1970)
Keith Lindberg Builder (1968-1992)
Gary McDonnell Athlete (1983-1986)
Robert (Bob) Thrower Athlete (1984-1987)
Robert Young Builder (1976-1992)

2001

Michael Anton Builder (1967-1969)
Roseanne DiMarco Athlete (1982-1984)
Linda Fletcher* Builder (1968-1973)
Judith (Helstab) George Athlete (1981-1984)
Julie (Cecco) Jenkins Athlete (1977-1979)
Rick Sinclair Athlete (1991-1994)
James Voisin Athlete (1980-1983)

2000

Dave Abraham Builder (1967-1998)
Fred Bassi Builder (1970-2000)
Donald Nadeau Athlete (1980-1982)
Gary Nemcko Athlete (1973-1976)
Monica Rose Athlete (1975-1978)
Wayne Wiese Athlete (1973-1976)

1999

Alphonse Aboud Builder (1967-1984)
James Darling Athlete (1988-1990)
Teresa (Porter) Frazer Athlete (1973-1975)
Randy Kerr Athlete (1978-1981)
Carolyn (St. Angelo) Ladas Athlete (1980-1983)
Paul Weller Athlete (1981-1984 & 1991-1992)

1998

Ed Luciw Athlete (1968-1972)
Mark Nelson* Athlete (1983-1987)
Tom Peat* Athlete (1983-1987)
Peter Rylander* Builder (1969-1996)
Lois (Lamb) Stoorza* Athlete (1968-1970)
Edward Zanetti Builder (1967-1996)

* MEMBERS OF OCAA HALL OF FAME

BADMINTON

1974-1975 Mixed Doubles OCAA Champions
1983-1984 Men's Doubles OCAA Champions
1984-1985 Men's Doubles OCAA and CCAA Champions
1985-1986 Men's Doubles OCAA and CCAA Champions
1986-1987 Men's Doubles OCAA and CCAA Champions
1992-1993 Men's Singles OCAA Champion (Sean Ellis)
1993-1994 Men's Singles OCAA Champion (Sean Ellis)
1994-1995 Mixed Doubles OCAA Champions
1995-1996 Women's Doubles OCAA and CCAA Champion

BASKETBALL

1968-1969 Women's OCAA Champions
1969-1970 Women's OCAA Champions

CURLING

1991-1992 Mixed OCAA Champions
1996-1997 Mixed OCAA Champions
2012-2013 Women's OCAA Champions

GOLF

1975-1976 Men's OCAA Champions
2003-2004 Men's OCAA Champion (Robert Pelletier)
2005-2006 Men's OCAA Champions
2007-2008 Men's OCAA Champion (Matt Hunter)
2008-2009 Women's OCAA Champion (Daniele Dunlop)
2009-2010 Men's CCAA Champion (Chris Hargest)

HOCKEY

1980-1981 ICHL Champions
1987-1988 ICHL Champions
1989-1990 ICHL Champions
1990-1991 ICHL Champions
1991-1992 ICHL Champions

TENNIS

1974-1975 Mixed Doubles OCAA Champions
1984-1985 Women's Doubles OCAA Champions
1984-1985 Men's Singles OCAA Champion (Lauren Demoe)

TOUCH FOOTBALL

1993-1994 OCAA Champions
1994-1995 OCAA Champions
1995-1996 OCAA Champions
1998-1999 OCAA Champions
2003-2004 OCAA Champions

VOLLEYBALL

1969-1970 Women's OCAA Champions
1999-2000 Men's OCAA Champions
2000-2001 Men's OCAA Champions
2003-2004 Men's OCAA Champions

CHAMPIONSHIPS
31 Provincial Championships
6 National Championships
5 ICHL Championships

2013 HALL OF

NEW HALL OF FAME OPENING



HALL OF FAME
2013

NIAGARA COLLEGE KNIGHTS HALL OF FAME

The Niagara College Knights Hall of Fame was established to honour the men and women who have brought distinction to both themselves and the Niagara College community through their participation in Niagara College Athletics & Recreation. The Hall of Fame was originally conceived by Peter Rylander and Ray Sarkis, who undertook the large scale task of researching volumes of archived information in order to properly honour the merits and achievements of all potential inductees. On April 1st, 1998, with the blessing of Niagara College President Dan Patterson, the Niagara College Knights Hall of Fame inducted a six-member charter class to its original location outside the entrance to the Mackenzie Gymnasium of the Welland Campus. In February of 2013, the Knights Hall of Fame was updated, and relocated to the entrance way of the state-of-the-art Welland Campus Athletic Centre. New plaques have been created for all 50 inductees, and a re-dedication ceremony will be held in the Fall of 2013 to officially open the new Niagara College Knights Hall of Fame.

2013 HALL OF FAME INDUCTEE



BERND FRANKE
BUILDER

BERND FRANKE INDUCTION: 2013 CATEGORY: Builder

Bernd Franke has been working in the newspaper industry for over 35 years. After receiving his Photo-Journalism certificate from Conestoga College in 1977, Bernd began his career as a reporter working for several Ontario local newspapers. His resume includes time spent in Guelph, Timmins, and Kirkland Lake. In 1997 he began working for the Welland Tribune, and in 2000 was named the paper's Sports Editor. A dedicated community writer, Bernd's philosophy regarding the coverage of local sport has always been that in a local paper, minor sport deserves major league attention. Since taking over the sports desk at the Welland Tribune, Bernd has never thought twice about replacing a professional sport story with one from the local area. Bernd has consistently displayed a passion and commitment to Niagara College Intercollegiate Athletics, and has been instrumental in raising the profile of the Knights across the Niagara Region. As of 2013, Bernd has received the OCAA Media Award on seven occasions in recognition of his outstanding coverage of OCAA sport.

FAME INDUCTEES

2013 HALL OF FAME INDUCTEE



**CARRIE- STRATFORD
COLLVER**
ATHLETE

CARRIE STRATFORD-COLLVER

INDUCTION: 2013

CATEGORY: Athlete, Basketball (2000-2003)

Carrie Stratford of Delhi, Ontario was an individual who exemplified what a student-athlete aspires to be. She excelled both on and off the court, and competed for three seasons as a member of the Niagara College Women's Basketball Program. She possessed an all-around game and could score from anywhere on the court. In her first and third seasons with the Knights, Carrie finished eighth and seventh overall in OCAA scoring, and led her team in all offensive categories. In her three years at Niagara College, Carrie accumulated 500 total points and averaged 15.5 points per game. She also helped lead the Knights to an OCAA championship Silver Medal in 2003. Carrie's personal awards and accolades include an OCAA Second-Team All-Star, OCAA Championship All-Star, a three-time OCAA All-Academic selection, CCAA Academic All-Canadian selection, a Niagara College Rookie of the Year Award, and the Niagara College Athlete of Distinction Award. Carrie is a graduate of the Niagara College General Arts and Science Program.

2013 HALL OF FAME INDUCTEE



HEIDI BENCH
ATHLETE

HEIDI BENCH

INDUCTION: 2013

CATEGORY: Athlete, Volleyball (2006-2007)

Heidi Bench of St. Catharines, Ontario competed for two seasons as a member of the Niagara College Women's Volleyball Program. A quiet leader with a pleasant personality, Heidi led by example and used her elite athletic ability to establish herself as one of the top offensive players in the OCAA. During the 2006-07 season, Heidi helped lead the Knights to an 11-4 record, which captured the team an OCAA Western Region Title. An outstanding student-athlete, Heidi excelled both on the court and in the classroom. Her personal awards and accolades include OCAA Athlete of the Week, two OCAA West-Region scoring titles, an OCAA All-Star Game MVP, a two-time OCAA First-Team All-Star, two-time OCAA All-Academic selection, two-time CCAA Academic All-Canadian selection, two-time member of the Niagara College President's Honour Roll, and a two-time winner of the Niagara College Athlete of the Year Award. Heidi continued her outstanding athletic career at McMaster University where she captured an OUA Gold Medal. In 2007, Heidi graduated from the Niagara College Environmental Technician Program with President's Honours.



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DREAMS.



NIPISSING
LAKERS



2013 Ironwood Wealth Management Group CCAA MEN'S VOLLEYBALL NATIONAL CHAMPIONSHIP

Eight teams from across Canada including: the PACWEST's Vancouver Island University Mariners, and Capilano University Blues; from the ACAC the Red Deer College Kings and SAIT Polytechnic Trojans; from the RSEQ the CÉGEP de l'Outaouais Griffons; from the ACAA the University of King's College Blue Devils; and from the OCAA the Nipissing University Lakers and the Niagara College Knights played a total of 13 matches that determined the 2013 National Champion.

The Gold Medal match saw the #3 seed Nipissing Lakers defeat the #1 seed Red Deer Kings in front of a capacity crowd at the Welland Campus Athletic Centre. The Gold Medal victory marks the first time in school history a Nipissing Men's Volleyball team has captured the CCAA's top-prize.

The SAIT Trojans defeated the Vancouver Island Mariners to capture the CCAA Bronze Medal.

The three-day event saw over 2600 individual tickets issued, and the marquee evening matches on Thursday, Friday, and Saturday night each saw a loud and boisterous capacity crowd in attendance.

The entire Championship was also live broadcasted on the internet via www.sportslive.ca. Over 69 000 total viewers watched the event online, and over 16 000 viewers tuned in to watch the Saturday, March 9th Gold Medal match between the Lakers and Kings.

Over 200 volunteers from the Niagara College community were instrumental in ensuring the event's success. Students from the Niagara News, and Academic Programs including Police Foundations, Community Justice, Event Management, and Broadcasting, Radio, Television and Film were well represented, and their unique skill sets contributed to the professionalism and atmosphere of the Championship.

The host Niagara College Knights finished fifth in the event after defeating the #2 seeded Capilano Blues in their opening match. The Knights' second opponent was the eventual National Champion Nipissing Lakers. The Knights were defeated three sets to one. The Knights were the only team to win a set against the talented Lakers side. Niagara's Shayne Petrusma was named a CCAA Championship First-Team All-Star for his outstanding performance.



NIPISSING UNIVERSITY LAKERS



Left to right: **Lorna Cudmore**- Administrative Assistant
Blair Cudmore- Niagara College alumnus, former Knights volleyball player & head coach
Ken Baynton- Accounts Administration
Mike King- Niagara College alumnus & former Knights volleyball player

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**2012-13 Niagara College Knights
Intercollegiate Athletics**



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